

The Art Of Mindful Facilitation

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The Art of Mindful Facilitation How? The BLUES 1. Begin Where they are not where you want them to be. 2. Learn what they have gone through to get into this room. 3. Understand how their past affects who they are today 4. Emotionally

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relate to how they are feeling. Nourish a

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the art of mindful facilitation the goal of this workshop is to enable participants to develop both listening and responsive techniques that will enable them to communicate more effectively cross culturally and when communication disconnections occur the art of mindful facilitation how the blues 1 begin where they are not where you want

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Facilitation is the art of establishing trust, focus and engagement in groups. It helps to establish meeting-smart work cultures that foster creativity and actively engage participants. By encouraging inclusivity of all perspectives in the room, innovative, sound and sustainable solutions arise.

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