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Manual Kinesiology. Manual Muscle Testing, MMT

7. A kinesiologist performing an initial client assessment for Lorraine. Lorraine has walked for 1 hour/per day, 6 days/week for the last 7 years. She informs you that four times over the previous 6 months she has been becoming dizzy during her walks and had one episode of syncope during a walk. Lorraine has not spoken with her physician about these episodes and attributes them to her not ...

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Muscle Testing and Applied Kinesiology

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I press on a muscle while asking a yes/no question and the muscle responds by either staying strong or weakening. The test relates to energy flow, rather than to the strength of the muscle. What is a 'balance'? This is the term used for a kinesiology appointment and relates to the balancing of energy and release of energy blockages.

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